

**Southeast Region
CHNS/CHPS Report
July 2015**

Cassie Lewis, CHNS

- Facilitated and co-trained Gatekeepers suicide Prevention Class with GREC Coop's CTE instructor. 7 teachers in the Great Rivers Education Cooperative attended the class. This Gatekeepers class fulfills the 2 hour requirement for Act 770 (The Jason Flatt Act) law where legislation requires mandatory teen suicide awareness and prevention training for licensed School personnel.
- Provided health education for group of youth at a youth congress for the Baptist Association convention. Group from ages 8-15. Focus of discussion with youth engagement was on health issues teens face today such as: Dangers of tobacco use and secondhand smoke (provided Act 811 info. for parents); dangers of alcohol use, seatbelt safety and prevention of distracted driving, internet safety and safe cell phone use, healthy eating, and benefits of physical activity. Youth very engaged in discussion and asked really good questions. Evaluation at end of session with question and answer session regarding information discussed. 100% of students expressed greater knowledge after the session. CHNS also provided brochures and activity booklets on internet safety.
- Utilized Coop teacher center and put together tobacco Display Board for PICO/Smokylyzer education to use with health education on tobacco and with PICO CO2 testing at venues. Idea for board shared with me by another CHNS who had already compiled a board.
- Attended the St. Francis County HHI meeting. Coalition elected Vice-Chair as Chair today and elected new secretary. Previous Chair withdrew from meetings and Secretary resigned. Coalition talked about charting new direction and starting over again since participation and work has dwindled in the past year. Several upcoming events will be supported by the group including a couple of "Back to School" events, and The Cancer Expo sponsored by EAEC. The Local Health Unit Administrator announced the incoming of new Administrator who will most likely be introduced at the next meeting. The HHI Manager also attended this meeting.
- Attended the CHNS/CHPS meeting in Little Rock. Speakers included Martha Phillips-Evaluation of Act 1220 and lessons learned, Stephanie Alsbrook-Smart Snacks in Schools, Paula's updates by CHNS supervisors and CHNS/CHPS break-out sessions for sharing concerns and ideas.

Lisa England, CHNS

- Prepared packets of Tobacco Prevention and Injury Prevention items for back to school celebrations for area health units to give schools.
- Prepared container of all the items necessary for the "Blow Bubbles Not Smoke Activity for Chicot Children's Event.
- Presentation to Chicot County Hometown Health Improvement Coalition on Baby Safe Sleep and Purple Period of crying (>30 participants).

- Several meetings with Chicot County LHU Administrator to discuss Chicot County Children's Festival and to work on presentation on proposed children's festival to promote PA and improved nutrient intake of school aged children in Chicot County.
- Presentation to Chicot County HHI Coalition regarding the county's childhood obesity rate in the schools which exceeds 40%. Potential partnering opportunity with Lake Chicot State Park to promote bicycling and other forms of PA in the park (>30 participants).
- Worked with Crossett School District Asst. Superintendent and LPN to review RN Applications and help the LPN to develop a plan for gathering all necessary student information to ensure students are immunized, have care plans, and medications before the first day of school.
- Presentation to Lake Village Healing Hearts on proposed children's festival to promote PA and improved nutrient intake of school aged children in Chicot County (they agreed to partner in the program).
- Planning Chicot County Children's Health and Safety Festival and mini grant to help cover some of the costs. Have met with and recruited community partners.

Liz Mercer, CHNS

- Provided an ASIST two day training in Grant County. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. Also provided the training at Arkansas River Education Cooperative in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available (9 participants).
- Provided an ASIST two day training at ARESC in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. Also provided the training at Arkansas River Education Cooperative in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. (11 participants).
- Attended Gatekeepers Training in Arkadelphia.
- Provided Gatekeeper's presentation at ARESC on July 14 for school staff. This met ADE's required Suicide Professional Development for 2015-2016. Tobacco booth was set up with CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases (22 participants).
- Provided Gatekeeper's presentation at ARESC on July 28 (2 sessions) for White Hall School District. This met ADE's required Suicide Professional Development for 2015-2016. Evaluation showed that 90% learned something they did not know. One participant was calling a student due to a post on Facebook to check on them because of this training. Lifeline was discussed with participants as a curriculum that could be implemented in the schools. Tobacco booth was set up with CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases (99 participants).

- Provided Gatekeeper's presentation at ARESC on July 29 (2 sessions) for White Hall School District. This met ADE's required Suicide Professional Development for 2015-2016. Evaluation showed that 95% learned something they did not know. Lifeline was discussed with participants as a curriculum that could be implemented in the schools. Tobacco booth was set up with CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases (60 participants).
- Attended Suicide Strategic Planning Committee in LR. SMART objectives were discussed.

Rosemary Withers< CHPS

- Attended White Hall Wellness meeting: Discussed updates to the wellness policy, discussed wellness committee requirements, and set dates for quarterly meetings.
- Prepared presentation on MyPlate for Teen Health Fair.
- Partnered with Jefferson Coop Extension in the Mediterranean Cooking Class to provide carbon monoxide blood testing.
- Attended Act 1220 Planning Meeting for CHPS: Discussed history and potential future activities for the work of Act 1220 obesity prevention efforts. Collaborated with CHPS in planning for Act 1220 activities.
- Completed online IS 200 Incident Command System training. Received certificate.
- Met with chair of Growing Healthy Communities to discuss strategies to meet goals for the coming year.
- Attended Community Health Nurse Specialist-Promotion Specialist meeting: updated on evaluation of Act 1220 of 2003, updated on Smart Snacks in Schools, and updated on CHPS' strategic plan.
- Attended County Growing Healthy Communities- Discussed plans for 5K run-walk-dance activities.